



Resuscitation

in infant and child



5 x rescue breaths
through mouth or nose,
head is tilted back

repeat!

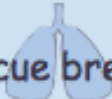
15 x compressions*
strong and fast,
between nipples

2 x rescue breaths
through mouth or nose,
head is tilted back

until rescue comes

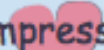
After one minute of resuscitation, alert the rescue service if it has not already been done.

infant

rescue breath 

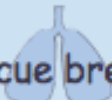
Tilt the head slightly, enclose mouth and nose with your lips and donate about 30 ml air (a mouth full).



compression 

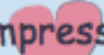
Press the chest 1/3 deep using 2 fingers or the side of your hand.

child

rescue breath 

Tilt the head back and donate half of an exhalation through mouth or nose.



compression 

Press the chest 1/3 deep using one hand. Your arm should be stretched out.

* in adults 30 X compression