

# Emergency or illness in children

## Who should you contact?

### emergency

in case of serious breathing or consciousness impairment, strong bleeding, fall from a great height, loss of consciousness (even momentary)

rescue services



### fracture

In case of complete fracture, avoid movements as much as possible and call the rescue services to assure a safe transport to the hospital.

### burn

In case blisters appear, make sure the child is brought to an hospital where he can get an appropriate treatment. If a large surface is affected (equivalent to his hand palm) or if the burn is deep, call the rescue services.

### wounds

like lacerations in the face or deep cuts



pediatrician

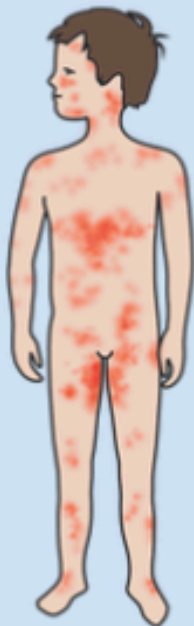


### infections

**IMPORTANT:** Drive the child to the hospital yourself, only if you feel calm enough to drive carefully and if someone else is there to care for the child during the ride.

## 4 contagious children's diseases

### measles



**symptoms:**  
dry cough, fever, sniffles, belly ache, bright red spots that merge into each other, lymph nodes swelling (neck), fever seizure

### rubella



**Symptom:**  
mild inflammation of the respiratory tract, small distinct bright red spots, lymph node swelling (behind ears and nape)

### scarlet fever



**symptoms:**  
soar throat, difficulty swallowing, shivering, vomiting, Head ache, pain in the limbs, fever, belly ache, fiery red throat, inflamed taste buds, velvety rash without itching

### chickenpox



**symptoms:**  
fever (occasionally), floppiness, from 50 to 250 blisters, spots, crusts, nodules on the skin, including scalps and bucal and genital mucosa, intense itching